



True You Skin Clinics®
advanced skin treatments



HYDRAFACIAL

Hydrafacial is an invigorating treatment that delivers long term skin health, tailored to meet specific needs of all skin types. Offers instant noticeable results with no downtime. Skin health treatment in 5-7 steps - deep cleanses, exfoliates, rejuvenates and hydrates the skin.

Benefits:

- Treats acne & improves pores
- Powerful anti-ageing
- Stimulates lymphatic drainage
- Tailored to each skin type
- Reduces pigmentation
- Reduces oils

Signature Hydrafacial - 30mins	£95
Platinum Hydrafacial - 60mins	£130
Platinum with booster - 60mins	£160
Lip perk - 20mins	£49
Eye perk - 20mins	£49

Add ons:

Dermalux LED - 20mins	£45
Dermalux Collagen Skin Booster - 20mins	£65
Dermaplaning - 20mins	£15

DERMAPLANING

Dermaplaning is a minimally invasive procedure that exfoliates your skin removing dead cells to give a glowing complexion. It is also used to remove peachy fuzz, known as vellus hair.

Benefits:

- Removes vellus hair
- Exfoliates the skin
- Improves fine lines & wrinkles
- Reveals smoother, firmer, healthier skin

Single Treatment £65

Add ons:

Dermalux LED Flex - 30mins £35

Dermalux LED Compact - 20mins £45

Lumixa Collagen Booster Mask - 20mins £65

Hydrafacial Signature - 30mins £65



DERMALUX LED LIGHT THERAPY

A non invasive light therapy using red, blue and NIR light.

Benefits:

- Promotes collagen production & plumpness
- Reduces fine lines & wrinkles
- Improves acne scarring
- Increases elasticity & firmness
- Lightens pigmentation & age spots
- Reduces redness & rosacea

Dermalux Face Flex - 30mins	£65
Dermalux Face Compact - 20mins	£80
Dermalux Light Scalp Flex - 30mins	£65
Dermalux Light Scalp Compact - 20mins	£80
Dermalux Back Flex - 30mins	£65
Dermalux Back Compact - 20mins	£80

Add ons:

Lumix Mask	£45
Dermaplaning	£35

FACIAL SCULPTING MASSAGE

Stimulating every muscle on your face inside and out, creating defined cheekbones, sculpted jawline and refreshed face.

Benefits:

- Improves circulation
- Tones facial muscles
- Release toxins & tension
- Increases collagen
- Smooths faint lines & wrinkles

Classic Face LFT Massage - 30mins	£65
Sculpting Buccal Massage - 30mins	£65
Classic Face Lift Massage - 60mins	£65

Add ons:

Dermalux LED Flex - 30mins	£35
Dermalux LED Compact - 20mins	£45
Radio Frequency - 30mins	£60
Signature Hydrafacial - 30mins	£65
Lumixa Collagen Booster - 30mins	£65

ALUMIER MD PEELS

Alumier MD resurfacing treatments with unique pharmaceutical formulations that optimize and improve your skin health.

Benefits:

- Gently resurfaces
- Reduces fine lines & wrinkles
- Cleanses clogged pores & acne
- Renews skin cells
- Gives immediate hydration & glowing skin
- Reduces pigmentation

Radiant 20/10 - 30mins	£90
Radiant 30 - 30mins	£90
Detox Clear - 30mins	£90
Vitamin A Boost - 30mins	£90

Add ons:

Dermalux LED Flex - 30mins	£35
Dermalux LED Compact - 20mins	£45

IPL SKIN PHOTO REJUVENATION

Photo rejuvenation uses intense pulsed light to diminish dark spots, pigmentation, rosacea, broken capillaries and acne.

Benefits:

- Fights pigmentation & ageing spots
- Treats broken capillaries
- Improves skin tone & redness
- Reduces fine lines & wrinkles
- Tightens pores & reduces skin blemishes

Full Face - 40mins	£175
Décolleté - 40mins	£150
Face & Neck - 50mins	£200
Face Neck & Décolleté - 60mins	£250
Hands - 40mins	£100
Neck - 40mins	£125
Single Lesion - from	£75
Patch Test	£25

DEEP PEELS

Zein Obagi 3 Stage Peel	£395
Perfect Peel	£349

Preparation of the skin made me be required prior to the peels depending on skin type. A course of peels may be required, depending on concern to be treated.

ACNE IPL TREATMENT

Innovative acne treatment, fights the cause of acne with light to target bacteria and reduce inflammation.

Benefits:

- Improves active acne
- Reduces inflammation & bacteria
- No downtime
- Healthy clearer skin

Acne Face - 30mins	£150
Acne Half Face - 30mins	£95
Acne Chest - 40mins	£150
Acne Back - 50mins	£250
Acne Shoulders - 50mins	£150

A course of 6 treatments are required,
discount on packages

Patch Test is required £25

Add ons:

Dermalux LED Flex - 30mins	£35
Dermalux LED Compact - 20mins	£45

ILLUMIFACIAL

Illumifacial is the 'next generation' of the highly successful 'Photofacial' treatment, using a new and unique combination of medical grade skincare, peels and photo-rejuvenation.

Benefits:

- Reduce fine lines/wrinkles
- Improve skin tone & texture
- Stimulate collagen for skin rejuvenation
- Tightens pores & skin
- Reduce acne
- Smoother, softer, hydrated skin

Single Treatment - Face	£195
Face & Neck	£325
Neck	£195
Décolleté	£225



ANTI WRINKLE INJECTIONS

Anti wrinkle injections are a remarkably effective treatment in both treating and preventing the formation of fine lines and wrinkles, working to reveal a smooth appearance to the face.

Benefits:

- Non surgical solution
- Quick recovery time
- Rejuvenated skin
- Reduces lines & wrinkles

1 Treatment Area	£158
2 Treatment Areas	£210
3 Treatment Areas	£263
Excessive Sweating	£395
Eyebrow Lift	£185
Extra Areas	£75
Jawline - Nefritti Lift	£395
Bruxism - Jaw Clenching	£250

Prices from



DERMAL FILLERS

Dermal fillers are an injection that add volume, create asymmetry & smooth fine lines. Results last 6-18 months depending on which dermal filler is used.

Benefits:

- Create smoother appearance
- Replace lost volume
- Sharpen jawline

Hyaluronic Acid

Marionette 1ml	£262.50
Marionette 2ml	£400
Lip Volumisation 1ml	£262.50
Perioral Lines Smokers Lines	£210
Tear Trough 1-2ml	£420
Non Surgical Rhinoplasty	£367.50
Temples 1ml	£262.50
Frown Line	£210
Cheek 1ml	£288.75
Cheek 2ml	£472.50
Contour 3ml	£550
Contour 4ml	£650
Contour 6ml	£750

Biostimulators

Radiesse 0.8ml	£180
Radiesse 1.5ml	£375
Ellanse 1ml	£375
Ellanse 2ml	£450

PROPHILO

Prophilo is an injectable anti-ageing treatment made from hyaluronic acid for skin that is losing its firmness and elasticity with age. It is used for its subtle hydrating and skin tightening results.

Benefits:

- Stimulates collagen
- Improves skin laxity
- Increases hydration
- Reduces fine lines & wrinkles

Prophilo can be used on the body, including tummy, hands, arms, inner thighs & knees.

Prices start from **£400**

Includes prophilo body cream & hyaluronic patches

Two Treatments - Face **£500**

Two Treatments - Face & Neck **£900**

Three Treatments - Face **£700**

Three Treatments - Face & Neck **£1100**

Maintenance - Face **£250**

Maintenance - Face & Neck **£450**

MESOTHERAPY SKIN BOOSTERS

Non-surgical skin rejuvenating treatment can help to lift, plump and hydrate your skin for a smooth, youthful and replenished appearance.

Benefits:

- Hydrates, rejuvenates & tightens the skin
- Improves acne & scarring
- Regenerates & restructures the skin
- Boost of radiance
- Overall skin rejuvenation

We use an extensive range of brands for mesotherapy which is tailored to your specific requirements.

Prices start - from

£150

A course of treatments may be required. Products include Viscoderm Hydrobooster, Lumi Eye, Beautifeye, Skinko E, Jal, Seventy Hyal.

POLYNUCLEOTIDES

Polynucleotides use regenerative medicine to boost the body's repair system & cell regeneration. This is an injectable product that can be used around the eyes, face & neck.

Benefits:

- Reduce signs of ageing
- Promote fibroblast regeneration
- Stimulate tissue repair
- Boost hydration / collagen production

1ml

£250

3ml

£675

* A course of three is recommended



FRACTIONAL RADIO FREQUENCY MICRONEEDLING

Using a medical grade technology our micro needling system stimulates collagen and elastin production which thickens and tightens thinning skin, also boosts collagen improving overall skin texture, tone and elasticity.

Benefits:

- Skin rejuvenation
- Improves lines & wrinkles
- Improves scarring
- Tightens loose skin
- Lightens pigmented skin
- Minimal downtime

Eyes / Top Lip	£150
Full Facial Rejuvenation	£395
Hair Restoration	£350
Neck	£175
Face & Neck	£500

Prices from

Add ons:

Skin Booster - from	£60
Hair Booster - from	£75

A minimum course of three treatments are required, 2-4 weeks apart. Discounts for packages apply. Other areas can be treated prices given on consultation.

HIFU – HIGH INTENSITY FOCUSED ULTRASOUND

Using the latest medical grade technology HIFU is used for non-surgical skin tightening, giving the skin back its snap. Stimulating new collagen and kick start dormant collagen. As collagen production increases up to 12 weeks post treatment, this results in a more youthful & refreshed look.

Benefits:

- Non surgical lifting
- Firms loose skin
- Lifts the skin without surgery
- Minimal downtime

Full Face including Forehead & Eyes - 90mins	£600
Full Face, Neck & Eyes - 90mins	£750
Jawline & Chin - 40mins	£275
Brow Lift including Eyes - 40mins	£200

Two treatments may be required 8 weeks apart.
Discounts apply for two treatments.



ENDYMED SKIN TIGHTENING

Endymed is a non surgical procedure that naturally stimulates the production of new collagen for powerful skin tightening and contouring using radio frequency technology.

Benefits:

- Stimulates collagen
- Improves skin laxity
- Contours the jawline
- Restores collagen

Prices start - from (for a trial)

£69

Course packages start - from

£600

A course of six is recommenced 8 weeks apart.



ELECTROLYSIS

Electrolysis is a method of removing individual hairs from the face. This results in permanent hair removal. It delivers electrical current to disable and destroy the hair follicle.

We can also use electrolysis to treat facial thread veins and a number of skin blemishes.

Facial Threads - 15mins	£50
Hair Removal - 15mins	£30
Skin Tags 1-5 small	£75
Skin Tags 1-3 large	£100
Skin Blemishes - from	£75

Prices from

LESION REMOVAL

We treat a number of skin blemishes & skin lesions. These include warts, verrucas, sebaceous hyperplasia cherry angioma, seborrheic keratosis, actinic keratosis & moles.

We use a number of techniques including electrolysis and Plasma BT Surgical.

Prices from **£150**

* A doctors review may be required prior to removal



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PROFHILO® hydrafacial

Alumier MD

